

Mr. Haresh Sood

General Information

Haresh has a unique skill set which makes him the perfect fit for a variety of public access work as well as solicitor instructions.

Before joining the bar, Haresh qualified as a solicitor and subsequently a solicitor advocate at one of Nottingham's best regional law firms. Consequently, he understands the importance of tailor-made client care.

Haresh offers his legal services to clients all over the UK, particularly the East Midlands and Andalucia, Spain, particularly Sevilla. He is authorised to conduct litigation which means he can provide a cost-effective service with 2-in-1 legal services, including preparation and representation with sound advice along the way.

Areas of law

- Employment Law
- Regulatory Law (Medical Professionals)
- Entertainment Law (Actors, Filmmakers, Adult Industry, Defamation and more)
- Civil Matters
- International Law

Employment Law & Regulatory Law

Haresh has 12 years of teaching experience in English, Modern Foreign Languages and Law, and has also worked in a hospital teaching. He has advised many people from the education and medical world, including medical professionals such as nurses and doctors.

Entertainment & Film Law

Haresh has extensive experience in the media world, having worked as a journalist for the BBC and as a professional actor in London and performed/written comedy. He has advised individuals on performing contracts, censorship, defamation and freedom of expression and more.

An avid documentary filmmaker, Haresh takes instructions on film law from various filmmakers, particularly independent new filmmakers. He has experience in dealing with pre, editing and post production matters concerning consent, copyright and other issues. He has further spent the two years researching the legal issues concerning the adult industry and now offers advice to people working/offering services within this industry on a direct access basis. Haresh has dealt with many legal issues in his own projects including the internationally acclaimed 'My Nieces Big Fat Delhi Wedding'.

International Law

Haresh has conducted placements abroad learning the law on different jurisdictions and international arbitration in Brazil and South Korea on Bar Council missions abroad.

Memberships

- Policy and Editorial Board of Counsel Magazine
- Bar European Group
- Employment Law Bar Association
- Criminal Bar Association

Education

- MA in Filmmaking, Sheffield Hallam University

Awards

- Awarded an accolade as Tomorrow's Lawyer in the Times Newspaper National Student Awards, 2001
- Shortlisted in the GG2 diversity and leadership awards, 2002
- Invited to be part of Her Majesty's Judging Panel for Unsung Heroes, 2004
- Recognised in the Law Teacher of the Year Awards by Oxford University Press, 2010

Languages

- Spanish
- Hindi

- Punjabi
- Italian (Intermediate)
- French (Basic)

Personal Interests

Haresh is an avid runner and swimmer. He enjoys writing and writes legal articles on Lexology. He also writes comedy poetry on his blog called 'Haso'.

For 25 years since the age of 17, Haresh and his friends have been involved in a number of Human Rights, Equality and Charity projects and raised more than £10,000 for a variety of causes. Between 2007-2022 one of their projects he continues with is called 'Give Yourself', whereby Haresh donates his hair for a wig to be made for children who undergo chemotherapy. Haresh has made 5 donations over the last 15 years.

Haresh also reports on local events to hospital patients on Millside Radio based at Kings Mill Hospital, Mansfield.

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