

Sarah Humphreys

General Information

Sarah Humphreys was called to the Bar of England and Wales in 1993 and then to the Irish Bar in 1994. She has a breadth of expertise in family law, including child arrangements, matrimonial finance, TOLATA, property, cohabitation agreements and separation. Sarah has a particular interest in pre- and post-nuptial agreements and is a firm believer in prevention rather than cure where possible.

Before specialising in family law, Sarah spent several years in private practice, gaining experience in probate, property and commercial law, all of which she finds most helpful in her family cases. Such a broad understanding of the wider issues, particularly in property, cohabitation and proprietary estoppel, has often proven advantageous to her clients, either in negotiating more acceptable outcomes, explaining more clearly the context of a situation, or assisting them in choosing an appropriate course of action for the future.

With an approachable style, Sarah works hard to ensure parties do not feel overwhelmed by their situation and helps guide clients through both practical as well as legal issues. She is a qualified NLP Practitioner, which provides her with essential communication, negotiation and presentation skills.

Sarah is Direct Access accredited.

Areas of law

- Family Law
- Child Arrangements
- Matrimonial Finance
- TOLATA
- Property
- Cohabitation Agreements
- Separation Agreements
- Pre- and Post-Nuptial Agreements

Matrimonial Finance

Sarah is highly experienced in financial remedy proceedings involving:

- Property (including cohabitation claims)
- Separation agreements
- Maintenance
- Pensions

Child Arrangements

Sarah has acted in numerous child arrangement proceedings, including:

- Child arrangement orders
- Live with orders
- Contact arrangements
- Specific issues and prohibited steps
- Parental responsibility
- Domestic abuse hearings
- Drafting statements and applications
- Dealing with welfare and medical reports and CAFCASS

Education

- LLB (Combined Hons with French)
- NLP Practitioner

Personal Interests

Outside of work, Sarah enjoys time with her family and dabbling in gardening. She is keen on travel and enjoys spending time in France whenever possible.

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